How to Crack TOEFL® iBT

TOEFL® iBT Paraphrasing

What is paraphrasing?

When you paraphrase you actually explain or present the information from a certain source in your own words or in a more coherent way. Generally, we can say that a paraphrase is more detailed than a summary, but it also presents and accents on the main ideas of a certain source material.

Why do you need paraphrasing?

The ability to paraphrase will be an asset for the Integrated Speaking and Writing sections of the TOEFL iBT test. It will also help you remember and comprehend the main ideas from the texts and lectures. Apart from that paraphrasing is also essential for the further academic success of every student.
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How do you paraphrase?

In order to paraphrase effectively, you need clear notes, check TOEFL iBT Note-Taking Strategies. Here are a few steps to follow:

- Take notes while listening or reading – don’t write full sentence, note down the main idea only.
- Check your notes and decide how you can explain the main idea to a person who has not read or listened to the information you have heard or read.
- Express your main ideas orally or in writing by using synonyms or similar expressions, different word order or sentence structures. For example, instead of compound words, you can use one word and keep the same idea.

How do you learn to paraphrase?

Here are a few things you can do:

- Read passages or listen to lectures as many times as you need to fully understand the idea of the source material.
- Take notes while you read or listen. Do not copy the words and expressions from the source; you can use synonyms in your notes. Adopting this strategy will save you time when you prepare for your writing or speaking.
- Use the notes to present the main idea by simplifying the structures and expression.
- Go back to the source material and check if you have paraphrased the main ideas appropriately.
See also the section Test Taking Strategies for more tips for each particular TOEFL task – Reading, Listening, Speaking, and Writing.

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